



DOUGLAS COUNTY COMMUNITY GRANT

Fiscal Year 2021-22: Grant Report

Agency Name: Tahoe Youth & Family Services
Contact: Brian Conway Title: Executive Director
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Project Name: Tahoe Youth & Family Services Mental Health & Substance Abuse
Counseling & Treatment
Grant Funding Amount: \$19,600.00

Describe how the funds were used to serve Douglas County residents.

Tahoe Youth and Family Services utilized the Douglas County Community Grant funds to support both mental health and substance use services to adolescents and their families, as well as adults in the community. The services provided

These funds were used to assist youth and their families to receive both Mental Health and Substance abuse counseling services. We utilize both individual as well as group counseling services to help adolescents and adults move past their challenges and begin living a healthy and drug free lifestyle.

Tahoe Youth & Family Services served the following during this grant year:

- 35 New Mental Health Adult Clients
- 50 New Substance Abuse Adult Clients
- 52 New Mental Health Youth Clients
- 6 New Substance Abuse Youth Clients

Describe how the organization measured the success of the program/project. Provide qualitative and quantitative measures.

During this reporting period 143 new clients received services from Tahoe Youth & Family Services, which was a dramatic increase from the prior year.

- Of those Adults receiving Mental Health Services, 84% increased their overall scores on our Outcome Assessment Form. The following were the areas that clients improved most significantly.
 - Risk of Harm
 - Self-worth
 - Resiliency
 - Performance at Work
 - Acceptance and Engagement



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- Of those Adults receiving Substance Abuse Services, 58% increased their overall scores on our Outcome Assessment Form. The most notable improvements were in the following areas:
 - Risk of Harm
 - Recovery Environment
 - Communication
 - Self-worth
 - Performance at Work
 - Acceptance and Engagement

- Of those Youth receiving Mental Health Services, 88% increased their overall scores on our Outcome Assessment Form. The most notable areas where we saw improvement were:
 - Risk of Harm
 - Resiliency
 - School
 - Connections with Others
 - Communication
 - Self-worth

- Of those Youth receiving Substance Abuse Services, 83% increased their overall scores on our Outcome Assessment Form. The most notable areas where we saw improvement were:
 - Risk of Harm
 - School
 - Recovery Environment
 - Functional Abilities
 - Self-worth
 - Resiliency



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Provide any changes or challenges to the original project plan and how it affected the project.

Covid continued to present a challenge for a significant portion of this reporting period. However, the flexibility in the delivery of services that Tahoe Youth and Family Services put into place such as telehealth and modified groups, allowed us to continue to provide services and significantly increase the number of clients served.

We were successful in meeting the needs of the Youth and Adults served under this grant.